



Elective: Horse Riding

Overview

This course is for students that want to learn about riding and working with horses in an English language environment. Our stables are staffed by experienced staff and they are able to cater for beginners and more experienced riders. Students not only improve their riding skills but also learn about stable management and how to look after horses and equipment. Students work towards a final 'tack and turnout' show in which they display what they have learned during the course.

Learning Outcomes

Student will:

- be able to ride and control a horse on flat surfaces at a walk, trot and canter according to their ability.
- have learned how to feed and groom horses.
- be able to safely handle and tack up horses in the stable

All students receive a rosette and certificate on the completion of the course.

Language Outcomes

Students will be able to:

- name the main body parts of a horse in English
- identify and name the main colours and breeds of horses in English
- name the equipment used for grooming and riding a horse in English
- follow clear verbal instructions given by the instructor whilst riding

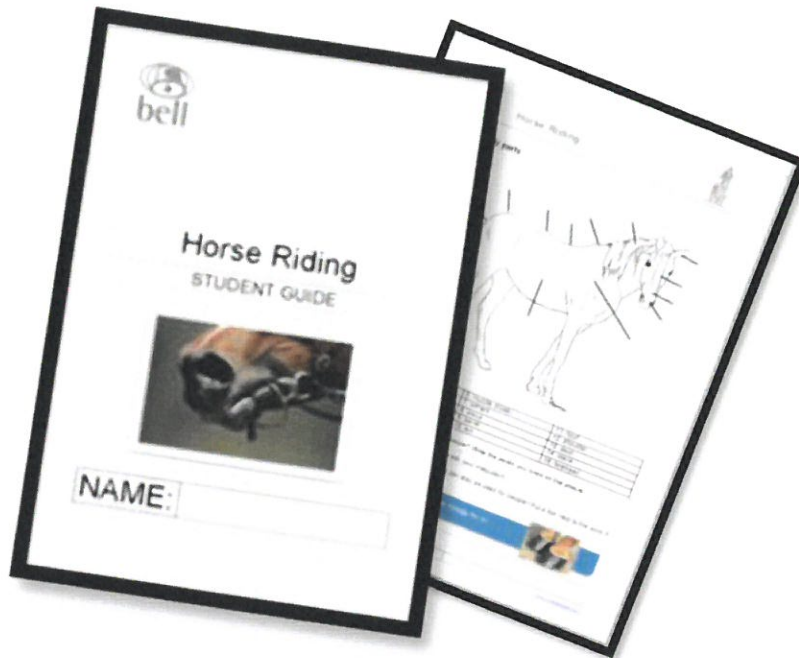
Sample Content

Day 1	Day 2	Day 3
Welcome introductions Introduction to stable management	Group A Stable work – handling horses/grooming kit/ parts of saddle and bridle Group B Ride - flat work	Group A Stable work – picking out hooves/leading/ colours and breeds Group B Overview jumping – tack up and ride pole work/position/jumping
Day 4	Day 5	Day 6
Group A Hack Group B Dressage or side saddle display	Group A Cleaning tack/ washing/platting Group B Ride dev points from previous and prep for show	Show and or fun day Presentation of rosettes and certificates



Focus Handbook

For each option students are provided with a handbook which complements the course and contains lists of vocabulary, diagrams, instructions, tips and activities. This is especially important in supporting the student's language and gives them something tangible to take back home with them at the end of the course.



FAQs

Where does the horse riding take place?

The horse riding elective entirely takes place at our partner stables [Hall Place Equestrian Centre](#) which is about a 30 minute journey from the school. Each day students take a hired bus to and from the centre accompanied by a Bell member of staff. Hall Place is a fully accredited riding school equipped with:

- 2 all-weather arenas
- indoor sand-school
- show jumping paddocks
- extensive cross country course.
- tea-room on site for students to get refreshments.
- approved by ABRS (Association of British Riding Schools)

Do students need to bring any special equipment?

No, all riding equipment such as a helmet is provided. Students do need to bring **shoes or boots** with at least a **one-inch heel**. Students must also wear tight fitting trousers such as leggings or riding trousers.



HOURS BREAKDOWN PER 2 WEEK COURSE	
Tuition Hours	Programme Content
English Tuition: 30 hours	Project work in the classroom (student learn through doing a project with a specific outcome such as a magazine, short film or performance)
Electives Tuition: 18 hours	Chosen elective . Students choose 3 electives per course or 1 premium elective. Language learning is integrated into all these activities. Students each receive a handbook containing instructions, tips, activities and language tasks.
TOTAL: 48	
Activity Hours	
Evening Events: 20 hours	Evening events. The students usually come together as a group for the evening programme. Students participate in range of creative games, contests and shows which encourage team work, cooperation and above all communication in English.
Free Activity Time: 6 hours	Activity time These sessions are more relaxed with the focus on fun, making friends and relaxation. Activities can be sports, arts and crafts or whole group activities such as a Country Fair or a Sports Tournament.
TOTAL: 26	
Study Tours	
Study Tours: 3 days (9am-6pm)	Study Tours: Every student attends 3 full day study tours over a two week course. Students are prepared for study tours in class and the trips are integrated into the academic programme. Every student will visit London at least once during their stay. Other popular destinations include: Oxford, Warwick Castle, Greenwich, Cambridge and Brighton.